

CHETANALAYA

“Siddhi”

**100 Inspirational Stories of Transformation
(2019 – 2020)**



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FROM THE DESK OF DIRECTOR



It is said, ‘Stories have the power to create social change and inspire community’ and Thomas King reiterates, ‘If you change the stories we live by, quite possibly we change our lives.’ Yes, we all are provided with chances and based on the choices we make, the change happens. The right choice of the simple people in our areas of intervention has made a progressive change in the individual and in the community. The editorial team under the leadership of Mrs. Richa Kakkar, Programme Manager is bringing forth 100 Stories of Change with the title “Siddhi”. As I acknowledge and appreciate the hardwork of the team that has compiled the stories of change, I too wish that this booklet becomes an inspiration to the readers and an asset to the organization.

Fr. J. John Britto Xavier

“An investment in knowledge pays the best interest”

- Benjamin Franklin



Shiksha Mera Adhikar



Tariq lives in Shastri Park with his mother and sister. They have migrated from Kashmir. He wanted to go to school but his family didn't have necessary documents for school admission. He met the children of NCP and shared his problem. The NCP group along with the staff of Chetanalaya met the school principal and MLA and got the documents like Aadhar card, etc prepared. Now, he is receiving formal education.

Continuing Education



Raj Verwal was a resident of Jahangirpuri and got shifted to Kewal Park. Her mother felt helpless as she was unable to get him admitted to school in the new area. Our staff assisted in the process. He gave admission test for the new school, cleared it and is now able to continue his education.

Beti Padhao



Education is one of the most basic human needs, that is why we strive to get as many kids educated as we can. Harushi belongs to economically weaker sections of society. We informed her parents about government's scheme for EWS category kids and facilitated in getting her enrolled to a private school. Now she studies in Indian Public School.

Shiksha ki Prerna



Education is not filling of a bucket, it is lightning of a fire. Keeping up with this spirit, Mrs. Seeta took a loan of Rs. 5000 to get her two daughters admitted to Krishna Public School. She is committed to providing them education and wants them to be independent and confident so that they can live their lives in a better way.

“Children are the future of the nation”

- Elaine Russell



End of Begging

During outreach, the child line team found one child begging in the market area in Nuh. He was rescued and counseled. Since the child expressed his desire to study, he was admitted to the shelter home. But the child could not adjust to the new environment and tried to run away, so he was reunited with his parents.



Right to Education

We got an information through the children of NCP that a 9 year old girl was tortured by her step mother. Her mother didn't send her to school and made her do household chores. Our staff visited child's house and found it actually happening. The matter was reported to the police and the child was rescued.



Rescue operation in Nuh

Sadhana (name changed) residing in Nuh was kidnapped. Through an investigation, rescue operation and raid conducted by local police officers, CWC staff and Chetanalaya Childline team, the kidnapped girl was able to meet her parents safely. The girl's family members personally thanked the childline staff of Chetanalaya.



Justice for Victim

Nuh based 12 year old girl, in an unfortunate incident became victim of kidnapping and gang rape. Her matter came into notice of Chetanalaya. From the process of arrest of culprits, investigation, rescue operation, counseling of girl, justice from court and compensation (by DLSA) a constant monitoring, guidance as well as care was provided by Chetanalaya.

“Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime” - Lao Tzu



Stitched my future

Shalini is a resident of Kalyanpuri. Her father's name is Ajay Shukla. She learned sewing, stitching and tailoring at our vocational training centres and now she does the same work from her home. She is able to earn Rs. 3500 a month and support her family. This has boosted her confidence and made her earn respect in her community.



Master of my fate

Ms. Sananaz belongs to an economically weaker family. She is an intelligent girl and has positive attitude. She wanted to do some work to help her family. She joined vocational Beauty Culture course provided by Chetanalaya. After completing the course she started her own parlour and is now earning Rs. 3000-4000 per month.



Brightened my Destiny

Ms. Rushi is a resident of Shastri Park. She was determined to do something to develop some skills and earn for her family. She joined beauty parlor training course and completed it. After the course, she started her own parlor from her home and now earns Rs. 3000-4000 per month.



Skilled and Independent

Shastri Park based Faizabi was provided with employment opportunity through her successful completion of Chetanalaya vocational beauty parlor course. She does parlor work at her home and monthly earns around Rs. 4,000 to 5,000.

“The youth need to be enabled to become job generators from job seekers”

- APJ Abdul Kalam



Living Life on Her Own Terms

Urooz, from Mukundpur, could take up a vocational course with Chetanalaya to become a beautician. This stepping stone to success enabled her to successfully crack an interview with a NGO Manav Vikas Samiti to become a beautician teacher and she is now earning a salary of Rs. 10,000.



Confidence to Shine

Sana, from Sunder Nagri, has gained enormous confidence through her REC Class. Being an average student, and shy by nature, she wasn't able to express her views. Taking part in various cultural programs & life skills programs of Chetanalaya, she has become more self confident, her speaking skills have improved, and so has her overall communication.



Tailoring tomorrow

Neha, from Shastri Park, in search of a source of income, took help from Chetanalaya and joined the vocational cutting and tailoring course. This has helped to make her self reliant and she has now started earning Rs. 4,000/- per month.



Getting Along Even Better

Farheen, a PWD from Shastri Park, could re-establish her life with the help of Chetanalaya, through taking up a vocational cutting and tailoring course. Initially, she was using a hand machine, but her mother took a loan from her SHG, and bought a tailoring machine for her, with which she can now work comfortably and earn Rs. 3000 per month.

“Gender parity is not just good for women, it’s good for society”

- Angelica Fuentes



End of Domestic Violence

The life of a women was made better because of intervention by 'Mahila Panchayat' in Jahangirpuri. Chandni was a victim of domestic violence, she was abused and beaten by her in-laws and alcoholic husband. She reported the matter to the panchayat, it intervened and spoke to her family. The matter got resolved and she is staying happily with them



Independent Again

Gurmeet is 32 years old and resides in Sunder Nagri, Delhi. She has been a part of Chetanalaya for 15 years. Her family struggled to make both ends meet after her husband's death. We suggested her to avail government's widow financial help which enabled her to get Rs.20000. She was assisted to enroll in government's pension scheme and now she gets a monthly pension.



MOTHER-in-law

Ramkali is a 52 year old woman. Her daughter-in-law used to abuse her, make her do household chores and not even give her food. Mahila Panchayat intervened by counselling her daughter-in-law and explained that she can be charged for domestic violence and punished. She accepted her mistake and started treating Ramkali with respect.



Say NO to violence

Sheetal has been married for 10 years. She told us that her husband beats her and doesn't even give money for household expenses. We called him to panchayat and explained that it is a criminal offence for which he can be jailed. He realized his mistake, promised to improve and signed on the settlement letter.

“Gender equality will only be reached if we are able to empower women”

- Michelle Bachelet



Darkness to light

Jyoti had been living in darkness for over an year because of some fight between her and her uncle. He had cut the electricity connection of her room. Both the parties were counselled, the issues of the fight were resolved and they signed on the settlement letter. They are now living peacefully under the same roof.



Back to Family

Priya was mentally and physically tortured by her husband and family because of her infertility. She was even ousted from the house and sent to live with her parents. Our intervention made her family members realise their mistake and they were made aware of the consequences. They apologized, took her back and assured not to repeat such acts.



Woman's Grievance gets resolved

Jahangirpuri based Chandni was living with her in-laws for last one year. She came to Mahila Panchayat (MP) with grievance regarding domestic violence, harassment and physical abuse by her mother in law and her husband. The MP staff contacted the duo and counseled them. Both parties understood the slip-up and are living joyfully till date.



Mahila Panchayat helps Sheetal

Chetanalaya Mahila Panchayat provided guidance and assistance to Sheetal, a resident of Jahangirpuri. She was mistreated, verbally abused, physically beaten, not giving money for house rent, deliberately taunted and doubted her, not allowing her to work freely. Mahila Panchayat staff first investigated the matter and gave proper counseling to her husband and concluded the grievance.

“We rise by lifting others”

- Robert Ingersoll



I'll send my kids to school

Mrs. Samreen is a member of a self help group called Ganga. Determined by the will to provide quality education to her children, she took a loan of Rs. 20,000 from the group for admission of her kids to SP Convent Public School, Subhash Park. Her kids have been studying there for almost an year and she feels proud that she could provide for their needs.



Little steps towards Success

Poonam, a resident of Mukundpur has been a member of a self help group for four years. She wanted to start a stitching work for which she required a stitching machine. But she couldn't buy it because of paucity of money. The members of her group supported her and gave her a loan of Rs. 20000. It helped her establish her work and she has been repaying on time.



Trying leads to success

Roona of Mukundpur has been a member of a self help group for the past three years. She makes hair pins for her living. She needed funds to expand her business. She shared this with the members of the group, they supported and she was given a loan of Rs. 20000. It helped her and she has been paying loan installments timely.



Success on Wheels

Sangeeta of Mukundpur has been a part of Monika self help group for the past 4 years. Her husband is a fruit seller in the vegetable market. He needed money to buy a vehicle to carry fruits. She asked the group for help and was given a loan of Rs. 30000. Now her husband easily transports much more fruits to the market and has been paying the loan installments on time.

“Microfinance stands as one of the most promising and cost-effective tools in the fight against global poverty”

- Jonathan Morduch



Flourishing through fruits

Shanno is a member of Tamanna self help group in Buland Masjid, Shastri Park. Her husband is a seasonal worker and has no permanent work. During the month of Ramzaan, he needed money to set up a fruit stall. So, she was given a loan of Rs. 5000 which enabled her family to buy the required things and earn income.



Self Sufficiency

Shahida, a resident of Bawana, found her family in dire straits because of lack of money. Her association with the SHGs facilitated by Chetanayala helped her to borrow a sum of Rs.1,00,000 with which she has been running her own shop, and supporting her family, thus creating more financial security.



Dream come true

Anita residing in Kalyanpuri is a member of Lata self help group. She was granted loan of Rs. 15,000/- in order to complete insufficient funds for opening her own jewelry shop. Anita could realize her dream and contribute towards family income. She is repaying loan amount timely.



Embroidering Life

Laxmi, is a member of Ekta Self Help Group. Her husband earlier worked in an embroidery making company. After borrowing Rs.50,000, from the S.H.G federation, she has opened their own embroidery shop in Fatehpur Beri. They have invested a sum of 1,50,000. in this shop and are moving forward towards greater financial freedom through their own venture.

“Give a woman microcredit, she, her husband, her children and her extended family will eat for a lifetime. ” - Bono



Opening of a new horizon

Sunita, from Sangam SHG Federation, of Bhattimines, received a loan of Rs.50,000 with the help of Chetanalaya, which enabled her to assist her husband in buying their own auto. This has helped them to do better financially, and become self reliant.



No Accomplishment is Too Big

Sushila, from Rahat SHG, from Bhattimines, was dependent on working in a cloth mill, to pay her monthly bills. A loan of Rs. 50,000 from her SHG, could help her to set up her own wheat mill, and this has helped her to earn even more than Rs. 8000 per month.



What Greater Happiness than being Independent

Saroj, of Mukundpur, attached to Cheshta SHG, could take a loan, where she could borrow Rs. 10,000 to purchase her own sewing machine. She is now completely self reliant, and doesn't need to be a helper to another tailor.



Taking Another Step Forward

Samidunisha, a member of Rakhi SHG, from Bawana, wanted to create a way to support herself as both her son and daughter are married and live on their own. Taking a loan helped her open up her own shop and selling her wares has helped her to earn Rs. 4000 per month. This also helps her to repay her loan easily.

“The poor themselves can create a poverty-free world. All we have to do is to free them from the chains that we have put around them!”

- Mohammad Yunus



Creating a Life to be Proud of

Fatima, from Rubina SHG of Bawana, was suffering as it was hard to run a household with 2 sons and 2 daughters. A loan from her SHG has helped her to open her own small grocery shop with which she can now earn Rs.5000 every month.



Something from Nothing

Anshulata, a resident of Mukundpur, took a loan of Rs. 20,000 from her SHG, Nisha Group for the sake of starting her own shop. She can now stand on her own two feet, because of the unanimous support provided by all the SHG friends.



Being Unstoppable

Gourav, from Janta Colony, took a loan of Rs. 10,000 from Nirmal Group due to which he could successfully pay his graduation fees otherwise he might have been left in dire straits unable to fulfil his dreams.



Continuing to Progress is the Key to Success

Saroj, of Kalyanpuri, who is a member of the Samarpan Self Help Group since 4 years took a loan of Rs. 30,000 to support her husband's income and opened a small grocery shop. All the members of the S.H.G. supported her request and she is diligently paying all the instalments of the loan on time.

“Because microfinance is so manageable in terms of the size of the loan, people have made it the cornerstone to lifting women out of poverty”

- Gayle Tzemach Lemmon



Self Employment

Narshila is a S.H.G member in Mukundpur & her husband works in a curtain making shop. She took a loan of Rs.50,000 from S.H.G federation so that they can set up their own business of making curtains at their home and don't have to depend on someone else for employment. This made them more self-reliant.



Pride in my work

Meena is a S.H.G member and was having a small general store. She took a loan of Rs. 50,000 from S.H.G federation to put more things in the store and increase her business. The increase in product line enabled her to earn more revenue thus increasing her income and respect in her community.



Establishment to Expansion

Pooja has been a part of a S.H.G. for the past 4 years. She had taken a loan to open her tailoring shop which she had repaid on time. Now she wanted to expand her business and required funds. She asked for help and was given a loan of Rs. 30,000. She pays her installments on time and deposits her savings with the group.



Freedom from debt

Saraswati has been a member of Bandhu S.H.G. for the past 15 years. Her husband had borrowed Rs. 1,50,000 from a property dealer at 7% p.a. rate of interest because of which their financial condition was deteriorating day by day. She asked for help and was given a loan of Rs. 2lacs. She repaid the debt and opened a general store from the remaining amount.

“Microfinance recognizes that poor people are remarkable reservoirs of energy and knowledge”

- Kofi Annan



Driving to earn

Khushboo is a S.H.G. member and her husband Raj Kumar was working in a private job with a monthly salary of Rs. 10000 which wasn't enough to meet all the expenses. So, she took Rs. 50,000. loan from the S.H.G federation & bought a second hand taxi for her husband to drive. This additional income enabled them to meet their needs.



Confidence to do something of your own

Muvina, from Sanyukt SHG of Mukundpur, could receive a loan with the help of Chetanalaya, so that she could open her own shop of items of all kinds – vegetables, children's items, and even tea. Chetanalaya has helped to transform her life, and she can now live more confidently and proudly.



Finding a new way of doing things

Mutri, from Mukundpur, attached to Kalpana SHG, was stuck in a vicious cycle, wherein she could no longer earn enough to invest more capital in her shop, which resulted in it not working well. Her SHG helped her to get a loan of Rs. 30,000 and she is now being able to run it better.



Walking the path of independence

Ranju, from Tulsi SHG of Mukundpur, could receive a loan of Rs. 30,000 with the help of Chetanalaya, so that she could get the funds to replenish the items in her store, and work to make it run better. This has helped her to do better financially.

“It’s good to be great but it’s great to be humane”

- Anonymous



United We Stand



Dayamani Barla was a live in domestic worker in Gulmohar Park since 2004. In May 2019, she was fired without any notice. She lost her shelter too as she resided in the employer’s home. So, she contacted her area’s leaders associated with Domestic workers Forum and with their help she negotiated. As a result, her employer paid her two months’ salary as compensation.



A seven year old girl was rescued from the hell of prostitution and sent for rehabilitation with the help of police when her mother complained. The victims family was brought to Delhi on the pretence of providing domestic work but the true intention was to make the mother and daughter work as prostitutes. Fortunately, both of them are safe now.

Hands of healing



Nishtha was brought to Delhi by a placement agency and was working as a domestic worker. She was often physically abused at her workplace and was not allowed to get in touch with family or anyone else. She was noticed by a member of DWF and reported the matter to Delhi commission for women who came to rescue her and was handed over to child welfare committee and finally sent back to her home town in Jharkhand.



Overcoming Obstacles

Kanduna phool is a full time domestic worker in Vasant Vihar working in a house for the past 8 years. She is a member of the DWF. During one of the meetings, she shared with the leader, though, they are four members in her family but they get ration for only two persons. With the assistance of Chetanalaya staff they started getting ration regularly.

“There is no path to liberation that doesn’t pass through shadow”

- Jay Michaelson



Ray of Hope



Salma Nagma was employed with an employer in Pitampura for the last two months and the payment was being delayed by the employer. She was not even able to leave the job. She joined the forum facilitated by Chetanalaya and complained to the group leader. The leader negotiated and persuaded employer with forums existence and followed up for the payment which helped Salma get her dues cleared.

Revealing the truth



Shri devi is a 50 year old widow working in Chattarpur for the last 15 year. On a certain day she found the employer house main door lock being opened. Then she informed the employer of the same. Employer falsely accused her of theft. She was then taken to area police station for interrogation, where she was forced to confess the crime by lady police constable. An emergency meeting was convened in the street and 4-5 domestic workers gathered and went to meet station SHO and finally succeeded in getting her released from the police station as well as the employer's house.



Sufia Ekka worked as a domestic worker in Gulmohar Park for Rs. 10,000/- per month. After working for a month, the employer gave her the payment of Rs. 8000/- and assured her that remaining amount will be given to her. An argument took place and she was asked to leave immediately. The due payment was then halted by employer. Sufia met the leaders of DWF who first tried to speak to the employer which was denied. Then leaders went to local police station and complained. The employer owned up the mistake and gave back the due payment.

Uphill Battle



Monika kiddo, 48 year old is a domestic worker who became the member of DWF in the year 2017. Her husband was very sick and then died. She also lost her job, due to irregularity in work. After the death of her husband, she started remaining sick and hence could not resume work. As her survival was becoming difficult, Chetanalaya staff assisted her in getting widow pension. Now she is getting Rs. 2500 regularly every month.

“Domestic Workers: Invisible to powerful”

- Anonymous



Hardwork pays off

Eslen Kandulna residing in Tilak Nagar is an elected leader of DWF. Earlier she was a member and then became a leader, by her involvement in several DWF activities like campaigns, networking with stakeholders, lobbying with government authorities and attending various DWF trainings & meetings.



Aspire to Inspire

Mariyana Dung an active DWF micro group elected leader is residing in Chandan Hala. She portrayed her leadership skills by motivating other domestic workers (DW) to join DWF by filling membership forms. Mariana also initiated a small saving group, which is used at the time of need for DW themselves.



Series of small success

Pushpa Toppo an active DWF central committee elected leader is residing in Bapa Nagar. She became an inspiration to other domestic workers (DW) by handling and solving issues related to DW. Pushpa bargained with her employer for weekly off and salary increment which is an exceptional example for other DW.



Essence of Leadership

Anjali Dung is an active leader of DWF. Though she faced various adversities earlier but after joining DWF she is now able to overcome adversities easily. She also assists her fellow DWF members in crisis such as providing help in obtaining rightful wages, rescue operations, stopping of physical violence and verbal abuses.

“Only a life lived in the service to others is worth living”

- Albert Einstein



Healthy & Happy

Sukhdei Devi is 71 years old and lives in Ghazipur. She was suffering from tuberculosis. After undergoing the treatment in Chetanalaya's DOT center for eight months, she is completely healthy and satisfied with her treatment.



A Helping Hand can go a Long Way

Ankit, of Kalyanpuri, who is now 15 years old was suffering from debilitating tuberculosis and eventually diagnosed with brain tumor. There was little hope to be found but after running from hospital to hospital, it was at the Chetanalaya Center that he could obtain the appropriate treatment and is fit and healthy now.



Good Health is a Mother's Best Friend

Illiteracy, and social misconceptions pose a challenge to the practice of Routine Immunization for pregnant and lactating mothers which puts them and their children at risk. Meetings in Nuh and Punhana Block with the mothers led to an assurance of subsequent health protection.



Breaking out of the Diphtheria Outbreak

Chetanalaya team's efforts in Shah Choka & Nai Villages in Nuh during a Diphtheria outbreak led to the vaccination of children under 14 years of age leading to saving countless precious lives. This could be done with house to house awareness sessions with the help of IEC.

“Excellence in health means devoting your life to ending poverty”

- Patch Addams



No Challenge is Too Big with the Right Help



Kiran Kumari, from Kalyanpuri, is a proof of how not to get defeated by any illness. Her diagnosis of tuberculosis at the age of 24, left her feeling very nervous and very upset. But the treatment at Chetanalaya DOT Center and proper medication has led to her feeling healthy and well again.

Correct Timing saved life



During the Cancer Screening camp conducted by Chetanalaya, Yasmeeen of Shastri Park was detected with Cervical Cancer. She was shattered as she did not feel any symptom. Due to the detection at an early stage, she could start the treatment on time from Guru Tegh Bahadur Hospital which saved her life.

Vision helped to achieve the mission



Shobha Ram is 65 years old and stays in Sangam Vihar with his wife. He wanted to start his business but was finding it difficult due to low vision. During the eye camp conducted by Chetanalaya, he was detected with Cataract and hence was helped for the caract surgery. He is fine now and started his small enterprise for livelihood

Group efforts led to clean public toilets



CBO group members trained by Chetanalaya towards community development in Seemapuri collectively worked towards getting the public toilets cleaned by regularly following up with the concerned authorities for the better health of the community. Today, public toilets are cleaned and maintained properly

“Kindness is a language a deaf can hear and a blind can see”

- Mark Twain



A Ray of Hope



Babli has speech & hearing impairment. She has been a part of Chetanalaya's special class in Mukundpur for over nine months now. When she came, she could write just alphabets and that too after looking at them but now she can write the alphabets of both Hindi and English, and numbers from 1 to 100 without any help. She has even learned to draw really well.

Never-say-die attitude



Raja and his father suffer from cerebral palsy. His mother works as a domestic help. They wanted to start a small shop, so his father borrowed Rs. 5000 from Chetanalaya. After some time, they wanted to expand, so they were again given a loan of Rs. 10000. Now, they are able to meet their daily needs because of the earnings from the shop.

Khushi's happiness



Khushi has speech and hearing impairment. When she came to our class an year ago, she used to get hyper when ever she tried to explain something. Now, with our help and facilitation, she has learned to read and write, and explain things without getting anxious. She is able to write Hindi and English alphabets and numbers form 1 to 100.

Don't give up



Sohil was born with cerebral palsy. His family felt ashamed of his condition and kept him enclosed in the home. The CBR team counselled his family, got his disability certificate made, got him enrolled in a school and provided a tricycle with the help of Red Cross Society. Now he has learned alphabets and plays with kids of his age.

“Enable the Disabled; Translate Disability into Ability; Capability, a winning Opportunity-Indeed a Reality” - Dr. Veena Kumari



Humanity above all

Sheela and her two sons are differently abled. She gets a monthly pension but that isn't sufficient to make both ends meet. She came to our office for help. We visited her home, gave her assurance for help and now she is provided food packets on a weekly basis to feed her family.



Hum Honge Kaamyab

Sabana was born with a mental disability. She could not stand or speak. Because of the intervention by CBR team of Chetalanaya for over 18 months, she is now able to move her neck and legs and hold things. She has even learned to speak with the help of speech exercises.



Cycling through life

Mr. Kalu Khan is differently abled. He has been associated with Chetalanaya for a long time. His tricycle stopped working because of which he was facing a lot of difficulty. He was provided with a wheelchair by Chetalanaya. Now he is able to move from one place to another conveniently



Cycling her Way to Happiness

Komal, from Rohtak, despite being moderately intellectually challenged, has found other avenues to explore her potential with the help of Chetalanaya's guidance since she was five years old. She now regularly cycles every weekend and is mastering her skill and even hoping to pursue international level sports.

“I am neither an optimist nor pessimist, but a possibilist.”

- Max Lerner



Setting the Right Stage for Life

Rohit, from Sangam Vihar, whose mother, despite him being a PWD, was unable to procure a disability certificate for him, since 4 years. Through Chetanalaya's intervention, they could finally get the required documents and the next step for them is to now open a bank account for him.



Hume bhi udne do

Robin was born with mental retardation disability. He used to abuse people and throw stones at them. So, his family members used to keep him tied with a rope. The CBR team counselled his family, took him to a doctor and got his disability certificate made. His condition has been improving and he now plays with kids of his age.



New Dawn

Lalita, of Chhamera Village was suffering because her husband and two children are disabled with blindness. They belong to an economically weaker family, and thus, the motivation from the CBR team for earning his own livelihood, along with a loan of Rs. 5000 from Chetanalaya enabled them to buy a goat and this is a ray of hope that they needed.



Starting from Scratch

Khalid is a resident of village Ghasera. His life is surrounded by hardships as his mother and sister are disabled with MR and Locomotors. Belonging to a poor family and having no means of livelihood added to his woes. He is grateful to Chetanalaya's CBR team for encouraging him and providing a loan of Rs.5000 with which he could buy his own goat and is happier.

“The glory of the elderly is their insight to life.”

- Lailah Gifty Akita



Food from Heart

Mrs. Vidya is 65 years old and lives with her family in Sunder Nagri. She is neither respected nor given food on time by her family members. She is too weak to come to our office to have food. So, we associated her with our 'food from heart' initiative and now she is provided food at her home itself by Chetanalaya.



Sewa Parmo Dharma

Mr. Munna is 72 years old and associated with our Sewa project. He was getting old age pension which was stopped due to some reason. He shared his concerns and we helped him file an application. Not only his pension restarted but he also got arrears of Rs. 22,000 for the two year period for which he didn't receive pension.



Thanks for the blessings

Mr. Mehroon Sheikh is 61 years old and lives with his son and daughter-in-law in Bawana They both leave the home for work at six in the morning and he is left alone at home, many a times even without food. Now he is associated with Chetanalaya and we take care of his meals. Every time he eats food, he blesses Chetanalaya for taking care of him.



Senior Citizen opens Flower Shop

Lado residing in Kalyanpuri is a member of Sewa Program for three years. She was guided and assisted by Chetanalaya for getting senior citizen pension. From the pension amount Lado opened tiny flower shop and earns approximately Rs. 200/- daily.

“Nature is a miracle we depend upon”

- Robert Ingersoll



Development of a Park

Right from submitting an application letter to MLA office to final inauguration, the CBOs facilitated by Chetanalaya undertook all the steps to transform an unoccupied area of land in Seemapuri to a beautiful park. The park is now used by kids to play and by elderly to spend time with nature. It has enhanced the greenery of the area.



Small Steps

A 17 year old girl saw her neighbours throwing wastage in drainage and requested them to use dustbin. They refused and started fighting. She called on our child as well as women helpline as per the awareness programme by Chetanalaya. Both the agencies took the matter to Delhi Police. The accused realised their mistake and apologised in writing.



Cleanliness is Godliness

This is Buland masjid area in Shastri Park. Community members were facing problem of blocked sewage drainage system. Sewage water was flowing in streets. Members of Bismillha SHG discussed this problem with us and we met Mr. Ramkishan (supervisor MCD) & Mr. Ved (SI) and complained. They took action and the problem got solved.



Shramdaan by Children

After being sensitized by the Environmental issues in one of the awareness programmes, children of Seemapuri planted trees in the community and communicated the message of green environment to the people of their community.

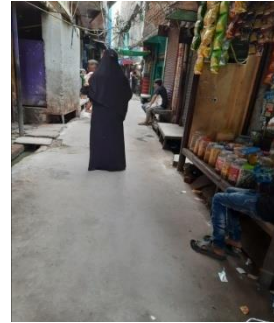
“Any harm done to environment is harm done to humanity”

- Pope Francis



My Plant, My Life

“My plant, my life” competition in Shastri Park encouraged the children towards plantation. 155 children participated by planting a sapling and taking care of it as a friend.



Hygienic environment with the efforts of leaders

Blocked drain in Shastri Park was cleaned after the efforts of SHG members. They discussed the problem in the meeting, met the concerned person in the MCD department, registered the complaint and followed up regularly



Clean community campaign

Post card campaign was conducted in Shastri Park wherein community members came together to take a major step on open garbage in the community and got it cleaned after regular follow up.



Garbage shed constructed in the community

Earlier, garbage in Seemapuri was dumped on the road itself. No specific place had been allotted for the community to throw the waste. Community members decided to take signatures of the people and approached two authorities for a proper place for garbage disposal. The demand was met and new garbage shed was constructed and is in use by the community members.

“Affordable housing brings stability, economic diversity, improves the physical quality of neighborhood”

- John Woods



Impossible to I'm possible

Pooja is a member of S.H.G. She had a room in her house which was unoccupied. So, she took a loan of Rs. 50,000 from the SHG to renew that space. She plans to set up her own cosmetic shop in that room and contribute towards the income of the family.



Building Home

Pammi has been a member of Manvi S.H.G. for the last six years. She needed money to renovate her house which used to get flooded with water during rainy season. The group members helped her and gave a loan of Rs. 2,00,000. This enabled her family to live comfortably during rains.



From rent to self-reliance

Punita is a member of S.H.G. She lived with her family in a rental house for which she was paying Rs. 3500 per month as rent. She had a 45 yard plot, so she took a loan of Rs. 50,000 from S.H.G federation & used her savings to construct a house on that plot so that she doesn't have to depend on anyone for shelter.



No Dream is Too Big

Archna, from Bhattimines, attached to Asha SHG, could take a loan thanks to Chetanalaya's help, where she could borrow Rs. 50,000 to build their own plot and save on rental expenses are living in their own house now.

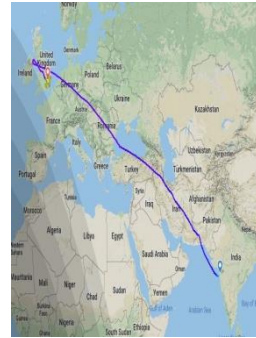
“It always seems impossible, unless it is done”

- Nelson Mandela



Micro Business of Clothes

Chetanalaya helped Mr. Raman Sharma, who returned from Germany, in setting up his micro business of clothes in India to earn his livelihood and support his family. He was provided with a loan of Rs. 1,10, 200. This amount enabled him to start his life in the country and not depend on anyone.



From Austria to India

Mr. Sukhbir Singh returned from Austria and approached for help. Chetanalaya assisted him with a loan of Rs. 213290 so that he can establish a clothes shop and buy a two wheeler to run his business. He was also aided in completing various documentary formalities of the government for people coming back to the country.



Dairy Farming Business

Dalwinder Singh is a returnee from Germany. He came back to India due to some family problems. In Haryana, he was facing financial difficulties and unemployment issues. Chetanalaya's intervention in Re-integration program provided funds to him for dairy farming business. Now he earns good income from it and is able to support his family.



Crisis creates opportunity

Inderpal Singh was working in transportation sector as a driver in Austria. He came back to India as he lost his job due to personal matter. An individual recommended Inderpal about Chetanalaya's intervention in Re-integration program through which he availed funds and is now working as a cab driver. He is now happy and thanks Chetanalaya for guidance.



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